

*Serving Families in
Pennsylvania & New
Jersey*



FREE 30 min. NO OBLIGATION PHONE
CONSULTATION AVAILABLE

TAKIYAH, NURSE DOULA
Childbirth & Lactation Educator

Healing Love Doula Services

\$1199 as of 1/2022

BIRTH DOULA PACKAGE

***PAYMENT PLANS AND
REDUCED RATES
AVAILABLE TO LOW-
INCOME FAMILIES***

SERVICES INCLUDE:

- ✓ **Birth Plan**/Wishes (home, hospital, birth center)
- ✓ Prenatal/Education and Empowerment Sessions
- ✓ ***Unlimited*** Prenatal Support via email, text, video
- ✓ Childbirth and Lactation Education
- ✓ Non-Medical Comfort Measures for Pain
- ✓ **On-Call (2) weeks** before due date until delivery
- ✓ ***Continuous*** physical and emotional support during labor and delivery
- ✓ **Immediate postpartum support** (1-2 hours)
- ✓ Postpartum Herbal Sitz Bath
- ✓ Postpartum visit when you're ready (in home or virtual)

MONITRICE SERVICES

**ADDITIONAL
\$250**

SERVICES INCLUDE ALL OF THE ABOVE, INCLUDING CONTINUOUS:

- Monitoring of client's vital signs at home
- Monitoring of fetal heart tones at home
- Cervical checks for dilation (If requested)

This is not a substitute for medical care by an Obstetrician or Midwife

WWW.HEALINGLOVEDOULA.COM

EMAIL:

HEALINGLOVEDOULA@GMAIL.COM ~ CELL: 973-454-9986 ~ IG & FB: HEALING.LOVE.DOULA